

A Pollution Shield with H-TEA-O Detox

Living in a city, as we all do, we are constantly exposed to all kinds of toxins such as polluted air, fumes from buses, chlorinated water, pesticides in our food as well as eating and drinking too much of the wrong things. After a while this affects our bodies producing fatigue, headaches, sluggishness, reduced immunity, allergies and skin blemishes.

H-TEA-O, the Western Tea Shop in Causeway Bay, have put together a package of healing teas, called the 5-Day Detox Programme, which can help cleanse your body of the toxins that can build up while living in Hong Kong.

The programme comprises 5 carefully selected healing teas to be taken over a period of 5 days. Each healing tea addresses specific issues with your body such as stress, toxins, immune system, diet, etc.

A customer can either buy the teas ready to brew in individual sachets. These are packaged together with a special H-TEA-O Tea Mug. Alternatively they can come to the H-TEA-O Tea Garden in Causeway Bay where the teas can be brewed up for them fresh every day. Either way, the 5-day package cost only \$108.

Photograph of package and information card attached.

Further Details

The plan has been formulated from our range of 100% natural herbal and healing teas based on well established properties of the herbal ingredients.

Monday: Ayurvedic Tulsi Energiser The ancient secrets of Ayurveda are used to boost your energy levels, revitalising your body for the coming week;

Tuesday: Organic Honeybush Red Honeybush is good for the skin, countering the effects of pollution and aging, and is also full of anti-oxidants;

Wednesday: Beautiful & Slim Break down fat naturally and detox your body with this blend of herbs and flowers known to help in bodily cleansing;

Thursday: Anti-Oxidant The H-TEA-O Anti-Oxidant herbal drink is rich in natural anti-oxidants which can boost your immune system, detox your body and protect your skin;

Friday: Stress Releaser An infusion of specially selected herbs known to assist in relaxing the body and calm the mind before the weekend.

Location

H-TEA-O Tea Garden

Unit F-9A, First Floor, Fashion Walk, 19 Great George Street, Causeway Bay
(MTR Exit E)

Tel: 2972 2111

Hours: 12 noon to 10pm every day

Background

H-TEA-O has now been operating in Hong Kong for over three and a half years. H-TEA-O specialise in western teas and herbals in a high quality lounge atmosphere.

With over 70 premium teas and herbal drinks, H-TEA-O provides the broadest range of tea based beverages anywhere in Hong Kong. Alongside traditional favourites such as Earl Grey and Dragon Well, H-TEA-O are one of the few suppliers of unique teas such as

Rooibos and Honeybush. Signature teas include Tony's Tea Latte, ChocolaTea, Moroccan Mint Chocolate and Iced Green Tea Mojito.

Award winning chefs, authentic clotted cream imported from Cornwall and nutritious healthy meal sets all make for a wonderful experience that can be enjoyed by all the family.

Website

www.h-tea-o.com